

Persoanl trainer

Jeff Grayson Miller

518-281-3772

www.FunctionFitness.com

Your privacy...

Is our concern

Your privacy is important to me. I need information on you, to insure that there are no contraindications for exercises and if so to take appropriate measures. I consider this private and have taken steps to keep it confidential. Please let me know of any new medications or diagnosis from a medical doctor, also alternative modalities. You health and well being is very important to me, it is a team effort and I need to be aware of any medical change.

Thank you,

Jeffrey Grayson Miller